

## 全港法式手杖錦標賽 暨 中國香港代表選拔賽 2026

主辦單位：中國香港法式拳擊協會

### 目標

舉辦「全港法式手杖錦標賽 暨 中國香港代表選拔賽 2026」目標是促進運動員之間競爭力與技術提升，為選手提供公平、公正的比賽平台，激發他們的潛能。透過此賽事，我們希望提高本港法式手杖賽事水平，並促進選手互相交流。此外為選手們提供通往更高水平比賽的機會，助他們可以日後於國際舞台上展現實力，有助推動法式手杖運動的發展與普及。

\*比賽成績將作為年度參與國際及亞洲區比賽選拔指標之一

### 比賽詳情

日期：2026年12月11日（星期五）  
時間：14:00  
地點：ClubONE COVE88 (啟德體育園美食海灣DC-001-004B號舖)  
報名表：<https://event.mcsf.hk>  
報名費：\$500  
截止日期：2026 年 11 月 30 日  
查詢：5506 9377 (WhatsApp)

### 競賽級別

#### **兒童組 Cadet (2015年及以後出生) (兒童組不允許擊打頭部)**

3-11歲：以上下2歲為一個組別，不分男女作賽

級別：25kg, 30kg, 35kg, 40kg, 45kg, +45kg

回合：1.5分鐘，2回合，回合間休息1分鐘，1回合加時回合

#### **少年組 Teen (2009-2014年之間出生)**

12-17歲：以上下3歲為一個組別，分男女作賽

級別：45kg, 50kg, 55kg, 60kg, 65kg, 70kg, +70kg

回合：2分鐘，2回合，回合間休息1分鐘，1回合加時回合

#### **業餘組 Amateur (2008年及以前出生)**

女子級別：50kg, 55kg, 60kg, 65kg, 70kg, +70kg

男子級別：55kg, 60kg, 65kg, 70kg, 75kg, +75kg

回合：2分鐘，2回合，回合間休息1分鐘，1回合加時回合

## **過磅安排及賽例檢閱**

過磅日期：2026 年 12 月 10 日（星期四）

運動員集合及試磅時間：待定

賽例會議及正式過磅時間：待定

地點：待定

\*所有運動員及其教練代表必須出席，如運動員於過磅的指定時間內未能到磅，最後出賽權將由本會裁判長決定。穿著輕便衣服，運動員過磅當日之體重必須符合規定並不設偏差寬限，如體重超出分級範圍將有可能被取消資格。

## **體重不達標 懲罰**

運動員在過磅的指定時間過磅，當日之體重必須符合規定並不**設偏差寬限**。如其中一方未能達標，而對手又接受比賽時將有以下懲罰：

- I. 如超過約定體重1公斤以下：開賽前拳證將向超磅一方發出一張紅牌，扣1分；
- II. 如超過約定體重1-2公斤內：開賽前拳證將向超磅一方發出兩張紅牌，扣2分。
- III. 如體重超出分級範圍將有可能被取消資格。

## **賽制**

賽制採用「Savate Federation of Hong Kong China」規則和裁判法。如單一體重組中的報名人數不足兩人，該級別賽事將會取消，或經賽事競賽監督委員會和本人同意也可改入其他級別作賽。

## **合法技術**

- I. 手杖技術
  - A. 垂直打擊（內側、外側）
  - B. 水平打擊（內側、外側；允許攻擊頭部、軀幹）
  - C. 小腿低位打擊（內側、外側；必須弓步 / 深蹲）
- II. 有效擊打部位：頭部（面部及兩側），軀幹（前部和兩側）、小腿
- III. \* 禁止刺擊與戳刺
- IV. \* 禁止擊打部位：後腦、頸部、襠部、脊柱、腎部
- V. \* 禁止過度蓄力揮動手杖
- VI. \* 禁止雙手持杖

## **獎項**

業餘賽冠軍 - 金牌和證書

業餘賽亞軍 - 銀牌和證書

### 服裝護具

| 個人裝備                          | 大會裝備 |
|-------------------------------|------|
| 必需穿戴大會指定的比賽服裝。<br>(紅方紅色、藍方藍色) | 手杖   |
| 護襠                            | 面罩頭盔 |
| 吸汗手襪                          | 保護外套 |
| 法式拳擊鞋                         | 保護手套 |
|                               | 護腿   |

### 備註

- I. 報名者提供及填寫的資料必須確實無誤，並以真實身份參與大賽。如發現資料失實或不符合資格的情況，會被取消參賽資格;而於賽事中所得分數及名次亦將會被取消。
- II. 賽事由本會派出的裁判團擔任賽事裁判，一切裁決視為最後決定，不設上訴。
- III. 每位個人報名之運動員可獲兩名助手證，而每個團體報名將視報名人數及組別分佈決定而獲配不多於10名助手證。
- IV. 最終對賽表將由本會競賽總監以運動員的經驗值配對，將於比賽前一星期公佈。

## **Hong Kong Canne de Combat Championship and Team Hong Kong China Selection 2026**

Organizer: Savate Federation Of Hong Kong, China

### **Mission**

The goal of the "Hong Kong Canne de Combat Championship and Team Hong Kong China Selection 2026" is to enhance the competitiveness and technical skills of athletes, providing them with a fair and just competition platform to inspire their potential. Through this event, we hope to elevate the standards of local canne de combat competitions and promote athlete interaction. Additionally, it aims to offer athletes opportunities for higher-level competitions, allowing them to showcase their abilities on the international stage, thereby supporting the development and popularization of savate.

*\* Results will serve as one of the selection criteria for annual participation in international and Asian competitions.*

### **Application**

Date: December 11, 2026 (Friday)  
Time: 14:00  
Location: ClubONE COVE88 (Shop DC-001-004B, Dining Cove, Kai Tak Sports Park)  
Registration Form: <https://event.mcsf.hk>  
Registration Fee: \$500  
Deadline: November 30, 2026  
Inquiries: 5506 9377 (WhatsApp)

### **Competition Category**

#### **Children (Cadet)** (Born 2015 or later)

(Head strikes are not allowed in the children's category)

Ages 3-11: Grouped by 2-year age intervals, no gender distinction

Weight categories: 25kg, 30kg, 35kg, 40kg, 45kg, +45kg

Rounds: 1.5 minutes, 2 rounds, 1-minute break between rounds, 1 extra round if needed

#### **Teens** (Born between 2009 and 2014)

Ages 12-17: Grouped by 3-year age intervals, separated by gender

Weight categories: 45kg, 50kg, 55kg, 60kg, 65kg, 70kg, +70kg

Rounds: 2 minutes, 2 rounds, 1-minute break between rounds, 1 extra round if needed

#### **Amateur** (Born 2008 or earlier)

Women's categories: 50kg, 55kg, 60kg, 65kg, 70kg, +70kg

Men's categories: 55kg, 60kg, 65kg, 70kg, 75kg, +75kg

Rounds: 2 minutes, 2 rounds, 1-minute break between rounds, 1 extra round if needed

## **Weigh-In**

Weigh-In Date: March 21, 2026 (Saturday)

Athlete Gathering and Trial Weigh-In Time: To be confirmed

Rules Meeting and Official Weigh-In Time: To be confirmed

Location: To be confirmed

\* All athletes and their coaches must attend. If an athlete fails to weigh in during the designated time, the final decision will be made by the chief referee of the association. Athletes must wear light clothing, and the weight on the weigh-in day must comply with regulations without any deviation allowances. Exceeding the weight classification may result in disqualification.

## **Penalties for Weight Non-compliance**

Athletes must weigh in during the designated time, and their weight must comply with regulations without any deviation. If one party fails to meet the weight requirement while the opponent agrees to compete, the following penalties will apply:

- I. If exceeding the agreed weight by less than 1kg: 1 red card will be issued to the over-weight athlete before the match, deducting 1 point.
- II. If exceeding the agreed weight within 1-2kg: 2 red cards will be issued to the over-weight athlete before the match, deducting 2 points.
- III. If the weight exceeds the classification limit, there is a possibility of disqualification.

## **Competition System**

The competition will be governed by the rules and refereeing practices of the "Savate Federation of Hong Kong China." If there are fewer than two registered participants in a single weight category, the event may be canceled, or with the agreement of the competition supervision committee, participants may compete in other categories.

## **Legal Techniques**

- I. Cane Techniques
  - a) Vertical strikes (inner and outer)
  - b) Horizontal strikes (inner and outer; head and torso strikes allowed)
  - c) Low calf strikes (inner and outer; must be in a lunge position)
- II. Valid Striking Areas: Head (face and sides), torso (front and sides), calves
- III. Prohibited Techniques:
  - a) Thrusting and poking
  - b) Strikes to the back of the head, neck, groin, spine, and kidneys
  - c) Excessive swinging of the cane
  - d) Using both hands to hold the cane

## **Awards**

Amateur Winner: Gold medal and certificate

Amateur Runner-Up: Silver medal and certificate

## **Equipments**

| <b>Personal Equipments</b>                                                                                                               | <b>Organization Equipments</b>                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| All athletes must wear the designated competition clothing provided by the organizing committee.<br>Red corner: red<br>Blue Corner: Blue | 10oz Gloves ( $\leq 75\text{kg}$ )<br>12oz Gloves ( $> 75\text{kg}$ )                                      |
| Mouth guard (not in red)                                                                                                                 | Headguard (Adult amateur category, there may be an agreement on whether to wear the specified attire)      |
| Groinguard                                                                                                                               | Body Protector (Adult amateur category, there may be an agreement on whether to wear the specified attire) |
| Handwrap                                                                                                                                 | Shin pads                                                                                                  |
| Savate shoes                                                                                                                             |                                                                                                            |

## **Remarks**

- I. Participants must provide accurate and truthful information during registration and must compete under their real identity. Any instances of false information or ineligibility will result in disqualification, and any points or rankings achieved in the competition will also be nullified.
- II. Referees dispatched by the association will officiate the competition, and all decisions are final without the option of appeal.
- III. Each athlete registering individually may receive two assistant passes, while group registrations will receive no more than 10 assistant passes, depending on the number of participants and group distribution.
- IV. The final matchups will be arranged by the director of competition based on the athletes' experience levels and will be announced one week before the competition.